

AFTER SCHOOL CLUB SNACK MENU FROM OCTOBER 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Main snack	Fruit	Shortbread biscuits (dairy free)	Yoghurt	Flapjack	Seabrook crisps (plain)
Alternative option (if required)	Yoghurt	Fruit	Fruit	Fruit	Fruit
Second alternative option (if required)	Seabrook crisps (plain)	Seabrook crisps (plain)	Seabrook crisps (plain)	Yoghurt	Yoghurt

- Provided by the school kitchen

- To be ordered by After School Club through Whitewells – RAISE SCHOOL ORDER AS NECESSARY

Ingredients and Allergen Lists

Fruit

Apple, Orange or Banana

Golden Acre Yoghurt

Apricot and Mango– Yoghurt (**MILK**), Sugar, Apricots (6%), Thickeners (modified maize starch, pectin, car-ob gum), Mango puree, Colour (beta-carotene), Natural Flavouring, Lemon juice from concentrate.

Cherry– Yoghurt (**MILK**), Cherries (7%), Thickeners (modified maize starch, pectin), Beetroot Juice from concentrate, Elderberry juice from concentrate, Natural Flavouring, Acidity Regulators (citric acid, sodium citrate).

Strawberry – Yoghurt, (**MILK**), Sugar, Strawberries (6%), Thickeners (modified maize starch, pectin), Carrot Juice from concentrate, Beetroot Juice from concentrate, Natural Flavouring.

Seabrook crisps (Plain)

Potatoes, Sunflower oil (30%), Sea Salt.

Shortbread Biscuit

Plain Flour (**WHEAT**), Caster Sugar, Dairy Free Spread (plant oils (sunflower, rapeseed, palm), water, salt, plant based emulsifier (sunflower lecithin), vinegar, natural flavouring, vitamin A), Semolina (durum **WHEAT**).

Homemade Flapjack

Oat Flakes (100% oatflakes (**WHEAT**)), Golden Syrup (Partially inverted sugar syrup), Light Brown Sugar (sugar, humectant: glycerol), Dairy Free Spread (plant oils (sunflower, rapeseed, palm), water, salt, Plant based emulsifier (sunflower lecithin), vinegar, natural flavouring, vitamin A).

Drink Options

Kulana Pure Orange (200ml) - Orange Juice from concentrate (100%)

Kulana Pure Apple Juice (200ml) - Apple Juice from Concentrate (100%)

Water